



Coaching, speaking and virtual training designed to increase knowledge, expand skills, and accelerate the professional growth of your leaders. Dr. Sanchez's training also have a proven track record, for improving performance, motivation, and helping individuals to promote and increase their impact.

Dr. Sanchez is the 'go to' trusted Executive Coach for:

- Individuals, teams, and organizations who want to learn new skills, practical tools and innovative solutions
- Individuals interested in developing and growing their leadership skills to accelerate their professional growth
- Women executives who want to influence management politics and inspire their teams
- Early and Mid-career women who want their next level opportunity soon and with more confidence
- All women who want to overcome bias for themselves and those behind them

OUR ACTIONABLE TRAININGS PROVIDE TOOLS TO INCREASE ENGAGEMENT, INNOVATION, AND PRODUCTIVITY:

Executive Presence: Learn the 4C's of Powerful Leadership

Participants in this course will learn why executive presence is crucial for professional success, and learn the 4 critical components of powerful leadership. Leaders will discover how to: (1) exhibit poise and confidence, (2) be perceived as trustworthy and reliable, (3) be decisive, and, (4) how to confidently deliver their communication with conviction.

The Power of Perception: Building a Legacy of Inclusive Leadership, Emotional Intelligence, and Employee Engagement

Perception is powerful, and self awareness is critical to advancing a culture of exceptional leaders. You want every employee to be aware of how perception is related to how they represent themselves in the

organization, how their team is viewed internally, and how they can improve perceptions, both of themselves and of the company's brand. Participants in this course will learn to recognize how others perceive them, and how to skillfully communicate the value they add to the company.

Career Advancement: Unlock The Hidden Potential of Your Underutilized Leaders

Chances are, there is underutilized talent in your organization waiting to be discovered. Recognizing and cultivating the skills, talents, knowledge, and abilities of your team is critical to the success of your business. Your staff are the most valuable resource your business has, and by not using this resource to the fullest extent, you are wasting opportunities to develop your leaders. It's time to unlock their hidden potential and show them how to move ahead.

Finding Your Voice and Owning Your Ideas For Women Leaders

Topics covered: (1) How to speak up, be heard, and communicate more powerfully and with intention when trying to gain the attention of key decision makers; (2) How to own your ideas and step powerfully into your leadership role by taking risks, and thinking outside the box; and, (3) How to rise above self doubt, imposter syndrome, and limiting beliefs that stand in the way of you showing up as the confident leader you know you can be.

From Overlooked to Visible and Valued!

Topics covered: (1) How to navigate the politics of promotion; (2) How to self promote authentically, and learn how to negotiate to "Yes" when you ask for increased responsibility, position, or profit; and, (3) How to overcome gender biases that work against women, that ultimately derail your career during the hiring and interview process.

OTHER SPEAKING/TRAINING TOPICS INCLUDE:

5 Powerful Tools for Leading Under Pressure and Maintaining Productivity in High Stakes Situations

Topics covered: (1) How leaders can remain motivated, calm and productive during times of uncertainty; (2) How to remain agile in your

thought process, adapt quickly and transform your skills for managing change; (3) How to maintain a growth vs. fixed mindset, and lead by example; and, (4) How to deliver results during change, and maintain your passion without losing yourself.

Disrupt the Status Quo: Leading with Resilience and Agility in Times of Change

Topics covered: (1) Why leaders need to possess the skills of resilience and agility; (2) How to capture opportunities to improve engagement; and, (3) How to provide value during change.

Cultivating a Culture of High Impact Leadership

The secret to creating a sustainable culture of transformational change rests in your organization's ability to expand the skillset of your well trained leaders. When they have completed this course, they will be excited about taking on new responsibilities, and focused upon creating powerful results. They will shift from having a position with the company, to cultivating a legacy of leadership. As a result, they will feel highly valued because you've taken the time to invest resources and money in their professional growth.

KEYNOTES AND WORKSHOPS ARE TAILORED TO THE SPECIFIC NEEDS OF YOUR ORGANIZATION.

The goal of all presentations is to provide information and motivation that results in internal transformation and changed behavior.

Presentations focus on interactive engagement with the audience while giving specific information and strategies.

ABOUT

A compelling and disruptive force, Dr. Aimée V. Sanchez's programs, keynotes, trainings, and workshops guide audiences through powerful experiences. Your audience will learn about evidence-based practices and cognitive strategies they can use to empower themselves and gain the competitive advantage in business and in life.

An internationally sought after speaker, Dr. Sanchez is a leading expert in the field of Organizational Consulting, and Leadership Development. She is also an award winning, 3x best-selling author and industry expert featured on ABC, CBS, NBC, FOX, A/E and more!

Invite Dr. Sanchez to speak at your organization or conference. Contact us today at www.dravsanchez.com.

Need A Customized Presentation?

Dr. Sanchez can customize a message and presentation specific to your needs and desired outcomes.

Let's talk!

